



Botox Cosmetic Post Care Instructions

- Do not massage the area after being treated.
- Avoid laying down for 4 hours after being treated.
- Avoid flying for 2 hours after being treated.
- You may drive yourself to and from the treatments and resume normal activities immediately.
- Avoid sweating and heavy exercise for the first 24 hours.

There can be a slight chance of minimal and temporary bruising at the injection site. Other negative side effects can be eyelid drooping if the Botox seeps below the eyebrow and hits the muscle that controls the Lids. But that is very rare.

The only people that should not have Botox treatments are those with a known Botox allergy, persons with neurological disease and pregnant women.

First time Botox Users might encounter a slight headache which is felt for the first few days until the muscle(s) completely relax.

After treatment, the overlying skin remains smooth and unwrinkled while the untreated facial muscles contract in a normal fashion, reversing the visible signs of aging.

Botox can take anywhere from 2 to 7 days to have this effect after injection. The result lasts, on average, three to four months. However, after 1 to 2 years of repeated treatment every 3 or 4 months, some patients have experienced a more long lasting effect.

Botox cannot improve wrinkles not caused by muscle contractions.