

PRE-TREATMENT/POST-TREATMENT CARE: Laser Spider Vein Removal

Precautions Before & After Laser Treatment:

The area being treated cannot be exposed to the sun. For YAG treatment, **avoid sun exposure for 1-2 days prior, during and one week after treatment.** For ALEX & MPX treatment, **avoid sun exposure for at least 4 weeks prior, during and at least one week after final treatment.** A broad-spectrum (UVA/UVB) **sunscreen of SPF 30 or higher** should be applied whenever exposed to the sun.

Expectations Following Treatment:

Immediately following treatment, the area may show a slight **Erythema** with some swelling. Blistering may occur.

General Skin Care

During the healing phase, the area must be treated delicately. **Do not rub, scratch or pick.** If a crust develops, let it fall off on its own.

Apply a thin layer of lotion to the treated area several times a day to keep area moist.

Do not scrub the area. Pat the area dry. Do not shave over the area if swelling, crusting or scabbing is present.

If swelling occurs, apply ice. Wrap the ice in a soft cloth. Discomfort or stinging may be relieved with Tylenol.

If makeup is allowed, it must be applied and removed delicately. Excess rubbing can open treated area increasing the chance of scarring.

Avoid sports and/or strenuous exercises for **2-3 days following treatment for hair removal** and **7-10 days for veins.** Walking is encouraged.

In case of signs of infection (pus, tenderness, fever), contact the office immediately.

For vascular lesions, the skin will appear red and possibly raised for **2-3 days.** **If scabbing and blistering occur, do not scratch, rub or pick.**

Post-treatment skin care instructions must be followed to prevent any complications. Please contact the office with questions or concerns regarding your treatment.



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